

Neumann Tribune

Neumann Family Services

My Skills by Danny H.

"If lots of people have the skills and talent like me, I can rule the world." That was me at 13 years old. Today, I have more skills than ever before. Lots of people admire my inventing, building, drawing, and fixing skills. One person comes up to me and said, "How do you rig this up?" or "How do you get it to work?" The answer is simple: "It's the ingenuity that counts." It is no secret that everyone does like my inventions. Throughout my entire teenage life, I like to fix things, and fixing helps me become stronger and more knowledgeable. Keeping things going is my passion, and I like to keep it that way.

Changes at Neumann by Bridget F.

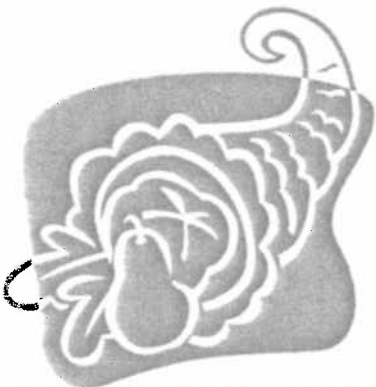
There have been changes going on at Neumann. People have been coming and going. Everybody has to adjust accordingly. Everyone will adjust differently.

Jason's Mansion: a Haunting in Windsor, Ontario, Part 1 by Anna W.

In the summer of 1995, a married couple moved into a mansion with their seven children and two dogs. Jason Reaves and his wife, Andrea, were so excited to live in that beautiful mansion. However, the couple's seven children: sixteen-year-old Evan, fourteen-year-old Sebastian, twelve-year-old Wesley, ten-year-old Jacob, eight-year-old Fredrick, six-year-old Liam, and four-year-old Heath had second thoughts about the mansion. One night, a week after they moved in, Evan and Sebastian were sure they saw a mesh depiction of a man standing in the bathroom. Jason went to check it out, but saw nothing. Evan and Sebastian insisted there was a ghostly figure of a man in the bathroom, but Jason advised them to stop reading so many ghost stories, and then he told them to get ready for bed. Downstairs, Andrea was cleaning up the kitchen. As she washed the dishes she felt as if someone or something was watching her. She tried her hardest to disregard that gut feeling and then she decided to sweep the floor.

"Dad, there really was a ghost in the bathroom. I'm telling the truth." Evan kept insisting that he saw a ghost. "Evan, go to bed, will you? It's very late and your mind was just playing games with you. Now, I'm telling you that there are no ghosts, ghouls, monsters, or little green men in this house. I swear, you and your brothers have the most outlandish imaginations. It's too hard to keep up with your so-called sightings. It's time for bed, Evan, so get in that room and go to sleep. Oh, and Evan, have sweet dreams, kiddo," Jason said as he kissed his son's hair. Evan was certain of what he saw in their bathroom, but he went to bed anyway. Just before going to the master bedroom for the night, Jason heard a soft voice calling his name. It was a man's voice and it was so eerie that an ice-cold chill shot up his spine. Jason asked who was there, but no one answered.

To be continued...



Dreams are the symbols of the Lakota by Thomas C.

According to legend, dreams were the symbols of the Lakota. It was perceived as a way to see future events. In its entirety, and for thousands of years, it was a way of developing a closer relationship with the Great spirit. I'm a firm believer that the symbols I wear have something to do with the dreams I am going into. Possibly it has something to do with the good dreams I see in my sleep. For one thing, I see my future as a very good thing. For another, my bad dreams are becoming nonexistent. A third thing is this: I finally know the path I take in this life, and it's the Native Americans who will put me on the future. So that's the legend of dreams from the Lakota. One last thing if anyone asks me to say something about this, I would have them get in touch with the Lakota about this.

My Job at VCN by Flo O.

I have been working here in the PSR program for a long time. I like to make coffee for clients. I also like to keep the program clean and neat. I also like to help with keeping stock of food supplies by checking each week. I also like to help out in groups by working with staff and clients to understand the material.

Batman by Abeer I & Scott P.

We like Batman because he is a hero. He comes to the aid of those who are in need of him. His parents died and he went to the far side of the world to learn how to conquer his fears. He took what he learned and returned to Gotham to become Batman and fight crime.

How People Struggle with Weight by Katherine K.

Many several people really do have their own weight struggle with candy, soda, and etc....Also, there are many people could find ways to actually cut back on their own habits because they have a habit formatting of what the ideal weight should be on their body. There are a lot of wants on their own diet because that person should really get the foods that had to be eaten in life. There is also another way of understanding your own doing of things of what should be done on a diet. Some times there are weight set backs for several reasons, and that had to do with many of us on a diet for any type of struggle with how you feel about your body.

This is a reminder about me in some ways of what I do is not like me. I know the funny feeling about this whole thing on people that could really try their best at losing the weight. Anyone could say to themselves anything is anything in life. No one should be judging you on the outside, and it all has to do with what is inside of you.

You could think of many things such as an affirmation in life, and this mean the real world. Also, I really do use an affirmation for my weight for a good week because there is more hope to my mind as being mindful. This could help with anyone's weight in the real world, and wherever anyone goes too.

Many people could think negative, and instead of thinking in a positive way for yourself. Anyone has that thinking pattern for themselves. Also, there is a lot of ways for the negative to turn into a positive way of thinking that way in life. Anybody has the potential for a real good successful story, but there are ways for that success to go through your way for a healthier life. This is what I hear a lot from the program.

Yes! There are ways for people to reach their full potential of no matter of how long it could take you to get inches off your body, also weight at your size in life, and that does not come so easily in your life span. Another thing is that there are hopes and dreams for anyone to say "I need to lose this much amount of weight for myself". This has to do with a lot of concentration, focus, and listening on the inside, and not the outside of you.

I really do take my weight for a realistic goal, and that is not to lose too much weight in one week. I just don't expect 10 pound drop yet because there is too much focusing on the way you look at yourself. There is a possible chance that anyone could drop their weight slowly, and just to make sure that you could believe that the weight does come off slowly through out the whole entire time.